



No matter which one you pick, you can't go wrong!

What is a Sorority?

- ❖ A life-long support system
- ❖ Networking for career opportunities
- ❖ Support for philanthropy and community service.
- ❖ A place where women learn to be leaders.
- ❖ A place for academic support
- ❖ Sometimes chartered as a women's "fraternity."

Why Join a Sorority

- ❖ A family away from your own
- ❖ Leadership Development
- ❖ Academic support and resources
- ❖ Lifelong friendships
- ❖ Alumnae Activities
- ❖ Networking opportunities

What is Panhellenic?

Panhellenic is a Greek word meaning

“All-Greek”

The National Panhellenic Conference provides support and guidance for its 26 member inter/national sororities/women’s fraternities and serves as the national voice on contemporary issues of sorority life.

Types of Sororities

- ❖ **National Panhellenic Council (NPC)**
- ❖ **National Pan-Hellenic Council (NPHC)**
- ❖ **National Association of Latino Fraternal Organizations (NALFO)**
- ❖ **National Asian Pacific Islander American Pahnellenic Association (NAPA)**
- ❖ **National Multicultural Greek Council (NMGC)**
- ❖ **Local**

What Time is involved

Typically sororities require 1 – 10 hours a week for meetings and activities such as socials, study hours, philanthropy, intramurals and other social events.

What to Wear FOR RECRUITMENT

Every school Is different (check Greek Life website or Pinterest)

Dress Modestly — remember you are meeting friends not dating partners

Social Media

- ❖ Watch what you post and pin before and after Recruitment
 - ❖ As an example “OHHH I just love Susie from ABC I am going to be an ABC, I just know it”
 - ❖ My sister is in ABC so I will be an ABC
- ❖ Be careful how you act when you visit your university
 - ❖ Keep an open mind, be willing to meet everyone, not all chapters are the same at all schools
 - ❖ Boys like to talk just as much as girls, be careful what you say and how you say it
- ❖ Be careful of the pictures you post on all Social Media sites

Pictures

- ❖ 2 or 3 pictures – head shot and body shot
- ❖ Natural looking – what you are going to look like during recruitment
- ❖ Expensive Professional Pictures are not necessary
- ❖ Only you in the photo – do not crop out other people
- ❖ Do not use Prom, cheer, drill team, sports team or pictures with any props
- ❖ Ideally, NO Selfies

Picture - Do's



Picture - Don'ts



Do your research

**Office of Greek Life
Student Affairs
Collegiate Panhellenic
Sorority's National
Website**

KEEP THESE THINGS IN MIND

- ❖ Grades matter.
- ❖ Prepare for TALKING – think of questions you can ask.
- ❖ Stay away from rumors and gossip.
- ❖ Keep an open mind.
- ❖ Be yourself.
- ❖ Be polite.
- ❖ Be on time.
- ❖ Your reputation precedes you. Watch your conduct in your community and online. Clean up your online profiles
- ❖ Attitude is very important
- ❖ Watch what you say now
- ❖ Be careful how you act when you visit your college
- ❖ Smile and Have Fun!

What is NWHCAP?

The Northwest Harris County Alumnae Panhellenic Association (NWHCAP) is a community based organization, affiliated with the National Panhellenic Conference (NPC).

Our goals are to:

- ❖ Inform alumnae of current trends in the Greek world,
- ❖ Promote the fraternity system by educating university-bound women and their parents about it,
- ❖ Present information about local university-bound women to university sorority chapters,
- ❖ Improve the Panhellenic image and to foster inter-fraternity relationships, and
- ❖ Provide scholarships for deserving collegiate sorority women living in Aldine, Cypress-Fairbanks, Klein, Spring and Tomball school districts.

How Much Does it Cost?

- ❖ **Range \$500 - \$2000/semester**
- ❖ **Depending on Campus and Sorority**
- ❖ **Check your Campus Greek Life website for more detailed information**
- ❖ **Inquire about the all-inclusive aspect of the pricing**
- ❖ **ASK QUESTIONS about what is covered in the disclosed price**

The 4 R's

❖ Register

❖ Recommendations

❖ References

❖ Resume

Register with NWHCAP

❖ Step by Step instructions for Registration is on the NW Harris County Alumnae Panhellenic website

www.nwhcap.org

- ❖ Potential New Member Registration Process
- ❖ Registration Instructions & Forms
- ❖ Sample Resume
- ❖ Recruitment Information Guide
- ❖ Parent Information and FAQs
- ❖ College and University Contact Information
- ❖ Register with College/University Panhellenic

What is a Recommendation

A RECOMMENDATION IS:

- ❖ This is a form with your personal information written by a sponsor (an alumna member) Your sponsor will obtain the reference form specific for her sorority.
- ❖ Known by different names in different sororities, such as “Sponsor Forms,” “Letters of Support,” “Reference Letters,” “Recommendations,” “RIF” or “Recs.”
- ❖ Ideally filled out voluntarily, and coordinated through each sorority’s area sponsorship team.

What is a Reference

A REFERENCE IS:

- ❖ Someone who really knows you and is happy to provide information about your character when called on to do so.
- ❖ A very important source for sorority alumna to learn more information about you, so they can write a **RECOMMENDATION** on your behalf.

More about References

Requested in two different categories:

- ❖ **Local:** people who are willing to provide more information to alumnae who request it (family, friend, teacher, activity sponsor, employer, etc.) so that a sorority alumna can write a recommendation for you.
- ❖ **Sorority:** women who will likely be writing your recommendation for their sororities.

Tips:

- ❖ **Contact women in your family, friends, and activities**
- ❖ **If you ask a sorority alumnae to write a recommendation for you, be sure to list her as a sorority reference on your resume**
- ❖ **Always ask permission to list your references before you put their names in your resume**
- ❖ **Start now**

REFERENCES

Please list your References, if you are not sure if you know someone who is an Alumnae of a National Panhellenic Sorority – ASK the Moms in your circle of friends, ASK your MOM who they know.

If your Mom, Aunt, Grand Mother, Sister were or are in a sorority please have them contact their NW Chapter for the ins and outs of their sorority, we have all changed a lot in the last 10 years.

How Do You Join?

- ❖ **Recruitment** is the process used by sororities for the selection of new members. It was called Rush until about 10 years ago, and you may still hear it referred to as rush on some campuses.
- ❖ **Formal Recruitment** is a period of time usually held once a year, when all NPC sororities on a campus are working together through a coordinated schedule to meet and recruit new members. This is the period of time when most sororities will select all of their new members.
- ❖ **Continuous Open Bidding** also occurs on some campuses throughout the school year. Offers of membership during informal recruitment may occur at any time during the process of getting acquainted.
- ❖ **Membership** in a sorority is voluntary and is the result of mutual selection.
- ❖ **Pay Attention** to all timelines and due dates

When is Recruitment?

Every school has a different schedule

Check with your university's Greek Life

Fall Recruitment - can be anytime from the week before classes to mid semester

Deferred Recruitment - usually early to mid January. Some schools may have required events in the Fall semester.



RECRUITMENT VOCABULARY

Bid Day: The last day of recruitment, when potential new members receive bids to join chapters and become new members. Each chapter will usually host a Bid Day activity to help the new members get to know each other and the rest of the chapter, like bowling or roller skating. The Unanimous Agreements state that there is to be no alcohol use or men associated with recruitment or Bid Day.

Continuous Open Bidding (COB): An opportunity for chapters that do not reach quota during primary recruitment to bid to total and/or quota. The continuous open bidding process is less formal, and not all chapters will participate in continuous open bidding.

Legacy: A daughter, sister or granddaughter of an initiated member of a sorority.

Typically, different groups have different definitions of legacies. Being a *legacy* **DOES NOTE guarantee a bid to a particular sorority**. Each inter/national organization has its own policy for invitations to legacies during recruitment

Recruitment: the process used by sororities for the selection of new members. It was called Rush until about 10 years ago, and you may still hear it referred to as rush on some campuses.

New member: A person who has accepted a bid from a sorority but is not yet an active member of that chapter. Chapters will have some sort of new member process during which the new members learn more about the sorority and prepare them for initiation.

Potential new member (PNM): A woman who is eligible to participate in recruitment. On campuses that hold deferred recruitment during second semester, chapters might use the term PNM to refer to any woman eligible for recruitment.

Quota: The number of potential new members to which each chapter can offer bids during formal recruitment. This is determined with a formula involving the number of chapters and the number of women participating in bid matching.

Silence: A period of time after the close of membership recruitment events and prior to the distribution of bids when there is no communication between potential new members and sorority members.

What is Mutual Selection?

Used primarily by National Panhellenic Sororities

Means that both the potential members and the individual sororities are making choices:

- ❖ Potential members make decisions about which parties to attend
- ❖ Sororities make decisions about whom they wish to invite to their parties
- ❖ Potential members may not always get invited to the parties they would like to attend

About Releases

((mutual selection))

❖ TYPICAL REASONS

- ❖ Grades/GPA
- ❖ Reputation
- ❖ References
- ❖ Quota

❖ If released from favorites, consider:

- ❖ Staying in and seeing the process through.
- ❖ Looking into Continuous Informal Recruitment.
- ❖ Going through Formal Recruitment again the following year.

Resume

❖ See example in Recruitment Information Guide at www.nwhcp.org

❖ Includes the following sections:

- ❖ Personal Information
- ❖ Scholastic Information
- ❖ Activities, Clubs, Offices, Awards, Honors for both High School and University (if applicable)
- ❖ Work experience
- ❖ Volunteer/Community Service
- ❖ Social Media Profiles
- ❖ Special Interests and Hobbies
- ❖ Family Information
- ❖ References: Local and Sorority

Now What Do I Do With This Info?

- ❖ Upload Registration, Resume & Pictures in ONE document and email to nwhcap@gmail.com (info on NWHCAP.org)
- ❖ Provide sorority alumnae with your Resume & Pictures

Information Flow...

- ❖ Email Registration, Resume & Pictures in ONE document to NWHCAP
- ❖ NWHCAP Recruitment Chair will send a confirmation email
- ❖ NWHCAP Recruitment Chair emails your electronic registration “packet” to each Sorority Alumnae Recruitment Chair
- ❖ Sorority Alumnae Recruitment Chair will contact the references listed on your resume
 - ❖ She may tell your reference to send directly to your school
 - ❖ She may tell your reference to send it to her

Deadlines

Registration with NW Harris County Panhellenic

May 1, 2017

- ❖ Alumnae Reference Chairs have to have the references to the Colleges/Universities in June
- ❖ Registration for Recruitment with your School
- ❖ Check your Panhellenic or Greek Life website

AS A RECAP

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